## MILOR

## METHOD 1: MEASURE YOUR RING SIZE WITH A RING

With our PDF guide sizer on our website, you can easily print this guide and use your own ring to determine the correct size for you. Make sure when you print the scaling is at 100 percent! Place a ring you have over the circles, the diameter should match with the inside of the ring, meaning the circle should be completely visible without any space. If you are hesitant, we suggest to also try another sizing method. If you are hesitant between 2 sizes, we suggest to choose the larger size for your maximum comfort.

